



“A Webinar on Adolescent Health awareness.”

Dr.Madhavi Naik Mistry.

Adolescent Health Committee FOGSI

Women Development Cell

**Government Polytechnic, Valsad**

2/9/2021

**Dr Madhavi Naik Mistry.**

**consultant Obstetrician and Gynaecologist.**



An online webinar on **Adolescent Health awareness** was arranged at Government Polytechnic, Valsad on 2<sup>nd</sup> September 2021 from 4 to 5 p.m. All the ladies faculties and girls students of Government Polytechnic Valsad attended the webinar. The webinar was organized by the Women Development Cell of Government Polytechnic, Valsad. The webinar was conducted by Dr.Madhavi Naik Mistry in Microsoft team. Presently she is TREASURER in Valsad Gynaec Society FOGSI Valsad. Dr. Madhavi Naik Mistry was welcomed with flower of bookey by Mrs. K.S.Damania co coordinator of women development cell. Speaker of the webinar Dr.Madhavi Naik Mistry was welcomed by Shri C.H Bhatt Principal of GPValsad. He discussed the importance of such webinars with female students. Anchoring speech was nicely delivered by Mrs. Anju shah lecturer in Electrical engineering Department.

Information regarding Adolescent, physical & mental changes occurs due to Adolescence, problems of Adolescent and Challenges in Adolescent developments were discussed in very easy and understanding language by the speaker. Importance of diet was also discussed. At the end of the webinar, problems of girls students regarding health issues were discussed. She answered all the queries & elucidated the topic . Q&A sessions were interactive.

The webinar was closed around at 5 p.m with vote of thanks by K.S.Damania.



# FOGSI Adolescent Health Awaren...

34:51 64 attendees



## Adolescent Health Committee : FOGSI

Chairperson - Dr. Girish Mane



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## Problems of Adolescents.....

- Premarital Sexual involvements
- STDs / Genital tract infections
- Early marriages
- Teenage pregnancy
- Unsafe teenage abortions
- Bad habits like smoking, alcohol, drug abuse
- Road accidents causing injuries and deaths

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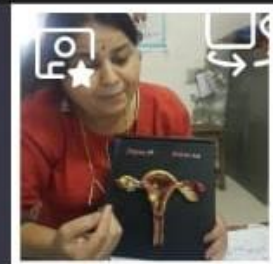
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## Needs of Adolescents

- Correct information on health, reproduction, nutrition, growth & development, sexuality & HIV/AIDS, STDs/ STI
- Adequate diet
- Healthy lifestyles
- Education & Health
- Safe and supportive environment
- Counseling

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4G+ 57% 4:17 pm



**FOGSI Adolescent Health Awaren...**

50:02 80 attendees



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